

## Medieval Times Dinner Ingredients - CANADA - 2021

Our menu items do not contain peanuts or tree nuts, but we cannot guarantee that they are prepared in a nut-free facility. All listed ingredients have been obtained from the product manufacturer.	
Item	Ingredients
<b>Tomato Bisque</b>	Maltodextrin, Tomato Powder, Coconut Oil, Corn Syrup Solids, Food Starch - Modified, Sugar, Onion Powder, Salt, Contains 2% or Less of Each of the Following: Garlic Powder, Sodium Caseinate, Potassium and Sodium Phosphate, Spice, Xanthan Gum, Mono & Diglycerides, Soy Lecithin, Celery Extract, Silicon Dioxide (Anticaking). <b>CONTAINS: DAIRY, SOY, GARLIC, ONION</b>
<b>Garlic Bread</b>	<b>Bread:</b> Enriched wheat flour, water, soybean oil, yeast, sugar, salt, calcium propionate, malted barley flour, enzymes, ascorbic acid. <b>Spread:</b> water, soybean oil, dehydrated garlic, palm oil, modified milk ingredients, salt, modified corn starch, distilled monoglyceride, dehydrated parsley, modified tapioca starch, xanthan gum, citric acid, natural and artificial flavour, colour. <b>CONTAINS: GLUTEN, GARLIC, DAIRY, SOY (May contain traces of peanut or tree nuts)</b>
<b>Roasted Chicken</b>	Chicken, <b>Chicken Seasoning:</b> aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt, sugar. <b>CONTAINS: SOY, GARLIC, ONION</b>
<b>Sweet Buttered Corn</b>	Corn on the cob, <b>Seasoning:</b> (sugar, salt, paprika, cayenne pepper); <b>Liquid Butter Alternative:</b> Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene (color), TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. <b>CONTAINS: SOY</b>
<b>Herb Roasted Potato</b>	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt <b>CONTAINS: GARLIC</b>
<b>Vanilla-Cassis Ice Cream w/ Caramel Sauce</b>	<b>Ice Cream:</b> Sugar, Corn Syrup Solids, Coconut Oil, Contains 2% or Less of: Sodium Caseinate (A Milk Derivative), Salt, Guar Gum, Potassium and Sodium Phosphate, Mono and Diglycerides, Soy Lecithin, Xanthan Gum, Artificial Flavor, Artificial Color (Yellow 5 & 6). <b>Black Currant:</b> Pure Cane Sugar, Water, Natural Black Currant Flavor. <b>Caramel Sauce:</b> Corn Syrup, sugar, Water, Brown Sugar, Modified Milk Ingredient, Canola Oil, Modified Palm and Palm Kernel Oils, Sweetened Condensed Milk, Salt, Artificial and Natural Flavour, Disodium Phosphate, Caramel, Pectin, Mono and Diglycerides (Soya), Potassium sorbate, sodium Benzoate, Xanthan gum, Colour. <b>CONTAINS: DAIRY, SOY</b>
<b>Hummus</b>	Chickpeas, sesame seed paste, olive oil, canola oil, lemon juice, sea salt, garlic, parsley. <b>CONTAINS: CHICKPEAS, SESAME, GARLIC (May contain traces of peanut or tree nuts)</b>
<b>Pita Bread</b>	Enriched wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barely flour, soybean oil, yeast, salt, vital wheat gluten, water, dough conditioner (mono-diglycerides, calcium sulphate, guar gum, wheat starch, sodium metabisulfite, and ascorbic acid), oat fiber, sugar, preservatives (calcium propionate, fumaric acid). <b>CONTAINS: GLUTEN, SOY (May contain traces of peanuts or tree nuts)</b>
<b>3-Bean Vegetable Stew</b>	fire roasted tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), vegetable stock (water, vegetable extract (onion, leek, celeriac, celery, carrot, tomato, potato, parsley, garlic, bay leaf, rosemary extract), carrots, onion, celery, tomato paste, crushed tomatoes (tomatoes and salt), sea salt, expeller pressed canola oil, chopped garlic (garlic, water), lemon juice, spices, parsley, red hot sauce (cayenne red peppers, vinegar, water, salt, garlic powder), white wine vinegar (contains sulfites), xanthan gum, kidney beans, black beans, great northern beans (water, salt, ferrous gluconate, calcium chloride), canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt, <b>Corn:</b> (see ingredients above); <b>Potato:</b> (See ingredients above); <b>Rice:</b> brown rice, canola oil, salt. <b>CONTAINS: ONION, LEEK, GARLIC, SOY</b>
<b>Orange Sorbet</b>	Water, glucose, orange puree, (sugar, water, orange peel, locust bean gum, guar gum, colour, natural flavour, sodium benzoate), methyl cellulose gum, citric acid, natural flavour,