

## Medieval Times Dinner Ingredients - CANADA 05-2022

Our menu items do not contain peanuts or tree nuts, but we cannot guarantee that they are prepared in a nut-free facility. All listed ingredients have been obtained from the product manufacturer.	
Item	Ingredients
<b>Tomato Bisque</b>	Maltodextrin, Tomato Powder, Coconut Oil, Corn Syrup Solids, Food Starch - Modified, Sugar, Onion Powder, Salt, Contains 2% or Less of Each of the Following: Garlic Powder, Sodium Caseinate, Potassium and Sodium Phosphate, Spice, Xanthan Gum, Mono & Diglycerides, Soy Lecithin, Celery Extract, Silicon Dioxide (Anticaking). <b>CONTAINS: DAIRY, SOY, GARLIC, ONION</b>
<b>Garlic Bread</b>	<b>Bread:</b> Enriched wheat flour, water, soybean oil, yeast, sugar, salt, calcium propionate, malted barley flour, enzymes, ascorbic acid. <b>Spread:</b> water, soybean oil, dehydrated garlic, palm oil, modified milk ingredients, salt, modified corn starch, distilled monoglyceride, dehydrated parsley, modified tapioca starch, xanthan gum, citric acid, natural and artificial flavour, colour. <b>CONTAINS: GLUTEN, GARLIC, DAIRY, SOY (May contain traces of peanut or tree nuts)</b>
<b>Roasted Chicken</b>	Chicken, <b>Chicken Seasoning:</b> aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt, sugar. <b>CONTAINS: SOY, GARLIC, ONION</b>
<b>Sweet Buttered Corn</b>	Corn on the cob, <b>Seasoning:</b> (sugar, salt, paprika, cayenne pepper); <b>Liquid Butter Alternative:</b> Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene (color), TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. <b>CONTAINS: SOY</b>
<b>Herb Roasted Potato</b>	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt <b>CONTAINS: GARLIC</b>
<b>Éclair w/ Chocolate Icing</b>	High Fructose Corn Syrup, Hydrogenated Palm Kernel Oil, Eggs, Sugar, Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Iron as Ferrous Sulfate, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid), Water, Contains less than 2% of the following: Invert Sugar, Cocoa, Sodium Caseinate (a Milk Derivative), Palm Oil, Corn Syrup, Ammonium Carbonate, Salt, To Preserve Freshness (Sodium Propionate, Potassium Sorbate), Dextrose, Polysorbate 60, Carbohydrate Gum, Soy Lecithin, atural and Artificial Flavor, Agar, Polyglycerol Esters of Fatty Acids, Soy Protein Concentrate, Xanthan Gum, Locust Bean Gum, Artificial Colors (Yellow 5, Yellow 6, Red 40). <b>CONTAINS: EGGS, DAIRY, SOY, GLUTEN (WHEAT), (THIS PRODUCT IS MADE A FACILITY WHERE OTHER PRODUCT ARE PRODUCED WITH PRODUCTS CONTAINING TREE NUTS AND/OR PEANUTS).</b>
<b>Hummus</b>	Chickpeas, sesame seed paste, olive oil, canola oil, lemon juice, sea salt, garlic, parsley. <b>CONTAINS: CHICKPEAS, SESAME, GARLIC (May contain traces of peanut or tree nuts)</b>
<b>Pita Bread</b>	Enriched wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barely flour, soybean oil, yeast, salt, vital wheat gluten, water, dough conditioner (mono-diglycerides, calcium sulphate, guar gum, wheat starch, sodium metabisulfite, and ascorbic acid), oat fiber, sugar, preservatives (calcium propionate, fumaric acid). <b>CONTAINS: GLUTEN, SOY (May contain traces of peanuts or tree nuts)</b>
<b>3-Bean Vegetable Stew</b>	fire roasted tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), vegetable stock (water, vegetable extract (onion, leek, celeriac, celery, carrot, tomato, potato, parsley, garlic, bay leaf, rosemary extract), carrots, onion, celery, tomato paste, crushed tomatoes (tomatoes and salt), sea salt, expeller pressed canola oil, chopped garlic (garlic, water), lemon juice, spices, parsley, red hot sauce (cayenne red peppers, vinegar, water, salt, garlic powder), white wine vinegar (contains sulfites), xanthan gum, kidney beans, black beans, great northern beans (water, salt, ferrous gluconate, calcium chloride), canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt, <b>Corn:</b> (see ingredients above); <b>Potato:</b> (See ingredients above); <b>Rice:</b> brown rice, canola oil, salt. <b>CONTAINS: ONION, LEEK, GARLIC, SOY</b>
<b>Orange Sorbet</b>	Water, glucose, orange puree, (sugar, water, orange peel, locust bean gum, guar gum, colour, natural flavour, sodium benzonzite), methyl cellulose gum, citric acid, natural flavour,

## Matinee Ingredient List - CANADA 05-2023

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Item	Ingredients
<b>Garlic Bread</b>	BREAD: Enriched wheat flour, water, soybean oil, yeast, sugar, salt, calcium propionate, malted bakery flour, enzymes, ascorbic acid. <b>SPREAD:</b> water, soybean oil, dehydrated garlic, palm oil, modified milk ingredients, salt, modified corn starch, distilled monoglyceride, dehydrated parsley, modified tapioca starch, xanthan gum, citric acid, natural and artificial flavour, colour. <b>CONTAINS: GLUTEN (WHEAT, BARLEY), GARLIC, DAIRY, SOY (May contain traces of peanut or tree nuts)</b>
<b>Roasted Chicken</b>	Chicken, <b>Chicken Seasoning:</b> aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt sugar. <b>CONTAINS: SOY, GARLIC, ONION</b>
<b>Sweet Buttered Corn</b>	Corn on the cob, <b>Seasoning:</b> (sugar, salt, paprika, cayenne pepper); <b>Liquid Butter Alternative:</b> Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene(color) , TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. <b>CONTAINS: SOY</b>
<b>Herb Roasted Potato</b>	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt. <b>CONTAINS: GARLIC</b>
<b>Chocolate Chip Cookie</b>	Enriched wheat flour, Sugars (sugar, fancy molasses), Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanilla extract, milk ingredients), Palm and palm kernel and conola oil margarine (milk), Liquid whole egg, Baking soda, Natural flavour, Salt. <b>CONTAINS: WHEAT, EGGS, MILK, SOY. MAY CONTAIN: PEANUTS, TREE NUTS, SULPHITES</b>
<b>Vegetarian Meal - Pasta Salad with vinaigrette / Mixed Melon / Herb Roasted Potato / Sweet Buttered Corn</b>	<b>Pasta Salad:</b> PASTA: (durham wheat semolina, dehydrated spinach, tomato powder, niacin, folic acid, ferrous sulphate (iron), riboflavin, thiamine mononitrate.) SALAD DRESSING: (water, soybean oil, vinegar, sugar, dried minced onion & garlic, salt, dried red bell pepper, natural flavour, xanthan gum, spice, propylene glycol alginate, sorbic acid, yeast extract, concentrated lemon juice, calcium disodium EDTA.) carrots, red bell pepper, broccoli, cauliflower, sugar, parmesan cheese. <b>Mixed Melon:</b> (combination of watermelon, canteloupe, honeydew melon). <b>Herb Roasted Potato:</b> See ingredients above. <b>Sweet Buttered Corn:</b> See ingredients above. <b>CONTAINS: GLUTEN (Wheat), SOY, ONION, GARLIC, DAIRY (May contain traces of peanut or tree nuts)</b>
<b>Orange Sorbet</b>	Water, glucose, orange puree, (sugar, water, orange peel, locust bean gum, guar gum, colour, natural flavour, sodium benzoate), methyl cellulose gum, citric acid, natural flavour.

05/11/2023