## Medieval Times Dinner Ingredients - CANADA 03-2024

Our menu items do not contain peanuts or tree nuts, but we cannot guarantee that they are prepared in a nut-free facility. All listed ingredients have been obtained from the product manufacturer.	
Item	Ingredients
Tomato Bisque	Maltodextrin, Tomato Powder, Coconut Oil, Corn Syrup Solids, Food Starch - Modified, Sugar, Onion Powder, Salt, Contains 2% or Less of Each of the Following: Garlic Powder, Sodium Caseinate, Potassium and Sodium Phosphate, Spice, Xanthan Gum, Mono & Diglycerides, Soy Lecithin, Celery Extract, Silicon Dioxide (Anticaking). <b>CONTAINS: DAIRY, SOY, GARLIC, ONION</b>
Garlic Bread	Bread: Enriched wheat flour, water, soybean oil, yeast, sugar, salt, calcium propionate, malted barley flour, enzymes, ascrobic acid. Spread: water, soybean oil, dehydrated garlic, palm oil, modified milk ingredients, salt, modified corn starch, distilled monoglyceride, dehydrated parsely, modified tapioca starch, xantham gum, citric acid, natural and artificial flavour, colour. CONTAINS: GLUTEN, GARLIC, DAIRY, SOY (May contain traces of peanut or treenuts)
Roasted Chicken	Chicken, Chicken Seasoning: aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt, sugar.  CONTAINS: SOY, GARLIC, ONION
Sweet Buttered Corn	Corn on the cob, <b>Seasoning:</b> (sugar, salt, paprika, cayenne pepper); <b>Liquid Butter Alternative:</b> Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene (color), TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. <b>CONTAINS: SOY</b>
Herb Roasted Potato	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt <b>CONTAINS: GARLIC</b>
Éclair w/ Chocolate Icing	Water, sugar,egg, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic (acid), soybean oil, modified food starch, polydextrose, contains 2% or less: palm oil, corn syrup solids, cocoa processed with alkali, cornstarch, calcium carbonate, sodium acid pyrophostate, sodium bicarbonate, calcium sulfate, monocalcium phosphate, soy lecithin potassium sorbate (preservative), sodium benzoate (preservative), dextrose, salt, titanium dioxide (color), yellow 5, yellow 6, xanthan gum, natural and artificial flavor, citric acid, glucono delta-lactone, sodium alginate, agar agar, sodium stearoyl lactylate, wheat starch, sodium phosphate, carob bean gum CONTAINS:EGGS, SOY, GLUTEN(WHEAT/BARLEY) MADE IN A PEANUT AND TREE NUT FREE FACILITY
Hummus	Chickpeas, sesame seed paste, olive oil, canola oil, lemon juice, sea salt, garlic, parsley. CONTAINS: CHICKPEAS, SESAME, GARLIC (May contain traces of peanut or treenuts)
Pita Bread	Enriched wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barely flour, soybean oil, yeast, salt, vital wheat gulten, water, dough conditioner (mono-diglycerides, calcium sulphate, guar gum, wheat starch, sodium metabisulfite, and ascorbic acid), oat fiber, sugar, preservatives (calcium propionate,fumaric acid). <b>CONTAINS: GLUTEN, SOY (May contain traces of peanuts or treenuts)</b>
3-Bean Vegetable Stew	fire roasted tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), vegetable stock (water, vegetable extract (onion, leek, celeriac, celery, carrot, tomato, potato, parsley, garlic, bay leaf, rosemary extract), carrots, onion, celery, tomato paste, crushed tomatoes (tomatoes and salt), sea salt, expeller pressed canola oil, chopped garlic (garlic, water), lemon juice, spices, parsley, red hot sauce (cayenne red peppers, vinegar, water, salt, garlic powder), white wine vinegar (contains sulfites), xanthan gum, kidney beans, black beans, great northern beans (water, salt, ferrous gluconate, calcium chloride), canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt, Corn: (see ingredients above); Potato: (See ingredients above); Rice: brown rice, canola oil, salt. CONTAINS: ONION, LEEK, GARLIC, SOY
Orange Sorbet	Water, glucose, orange puree, (sugar, water, orange peel, locust bean gum, guar gum, colour, natural flavour, sodium benzonzte), methyl cellulose gum, citric acid, natural flavour,