A L L E R G E N S-CANADA

ALL MEAL ITEMS

SOUP

Onion, Garlic, Dairy, Soy

(Also contain coconut oil which may be considered a tree nut)

GARLIC BREAD

Gluten, Dairy, Soy, Garlic (May contain traces of peanuts / tree nuts)

ROASTED CHICKEN

Onion, Garlic, Soy

PASTA SALAD

Gluten, Dairy, Eggs, Onion, Garlic, Soy

LEMON POPPY POUND CAKE (TEMP)

Gluten, Eggs, Milk, Soy

HERB ROASTED POTATO

Garlic

SWEET BUTTERED CORN

Soy

CHOCOLATE ÉCLAIR

Gluten, Egg, Soy
(Made in a peanut and tree nut free facility)

SORBET

No major Allergens

KOSHER MEAL

Treenuts, Garlic, Soy

HUMMUS

Chickpeas, Sesame, Garlic, Soy (May contain traces of peanut and tree nuts)

PITA BREAD

Gluten, Dairy, Soy (May contain traces of peanuts and tree nuts)

3-BEAN STEW

Onion, Leek, Garlic, Soy

CELEBRATION CAKE

Gluten, Egg, Dairy, Soy (May contain traces of peanuts / tree nuts)

DINNER REGULAR MEAL

SOUP

Onion, Garlic, Dairy, Soy

GARLIC BREAD

Gluten, Dairy, Soy, Garlic (May contain traces of peanuts / tree nuts)

LEMON POPPY POUND CAKE (TEMP)

Gluten, Eggs, Milk, Soy

HERB ROASTED POTATO

Garlic

SWEET BUTTERED CORN

Soy

KOSHER MEAL

Treenuts, Garlic, Soy

CELEBRATION CAKE

Gluten, Egg, Dairy, Soy (May contain traces of peanuts / tree nuts)

ROASTED CHICKEN

Onion, Garlic, Soy

CHOCOLATE ÉCLAIR

Gluten, Egg, Dairy, Soy
(May contain traces of peanuts / tree nuts)

KIELBASA (TEMP)

Pork, Beef, Onion, Garlic

DINNER VEGETARIAN MEAL

3-BEAN STEW

Onion, Leek, Garlic, Soy

HUMMUS

Chickpeas, Sesame, Garlic, Soy
(May contain traces of peanuts and tree nuts)

ITALIAN ICE (DESSERT OPTION)

Soy

HERB ROASTED POTATO

Garlic

PITA BREAD

Gluten, Dairy, Soy
(May contain traces of peanuts and tree nuts)

CHOCOLATE ÉCLAIR (DESSERT OPTION)

Gluten, Egg, Dairy, Soy
(May contain traces of peanuts / tree nuts)

SWEET BUTTERED CORN

Soy

FRESH FRUIT (DESSERT OPTION)

No known allergens

CELEBRATION CAKE

Gluten, Egg, Dairy, Soy (May contain traces of peanuts / tree nuts)

MATINEE REGULAR MEAL

GARLIC BREAD

Gluten, Dairy, Soy, Garlic (May contain traces of peanuts / tree nuts)

SWEET BUTTERED CORN

Soy

ROASTED CHICKEN

Onion, Garlic, Soy

HERB ROASTED POTATO

Garlic

CHOCOLATE CHIP COOKIE

Gluten, Egg, Dairy, Soy (May contain traces of peanuts / tree nuts)

MATINEE VEGETARIAN

GARLIC BREAD (OPTIONAL)

Gluten, Dairy, Soy, Garlic (May contain traces of peanuts / tree nuts)

HERB ROASTED POTATO

Garlic

PASTA SALAD

Gluten, Dairy, Eggs, Onion, Garlic, Soy

FRESH FRUIT

No known allergens

CHOCOLATE CHIP COOKIE (DESSERT OPTION)

Gluten, Egg, Dairy, Soy

(May contain traces of peanuts / tree nuts)

SWEET BUTTERED CORN

Soy

SORBET (DESSERT)

No known allergens

MATINEE VEGAN MEAL

3-BEAN STEW

Onion, Leek, Garlic, Soy

HUMMUS

Chickpeas, Sesame, Garlic, Soy
(WITH CARROT AND CELERY STICKS)
(may contain traces of peanuts and tree nuts)

HERB ROASTED POTATO

Garlic

FRESH FRUIT (DESSERT)

No known allergens

SWEET BUTTERED CORN

Soy

SORBET (DESSERT OPTION)

No known allergies

MEAL ITEMS CONTAINING THESE ALLERGENS

GLUTEN

GARLIC BREAD
PITA BREAD (VEGETARIAN MEAL)
PASTA SALAD (MATINEE)
CHOCOLATE ÉCLAIR
CHOC. CHIP COOKIE (MATINEE)
CELEBRATION CAKE
Lemon Poppy Pound
cake(temp)

ONION / GARLIC

TOMATO BISQUE SOUP
GARLIC BREAD
ROAST CHICKEN
HERB ROASTED POTATO
PASTA SALAD (MATINEE)
3-BEAN STEW (VEGETARIAN MEAL)
HUMMUS (VEGETARIAN MEAL)
KOSHER MEAL

SOY

TOMATO BISQUE SOUP GARLIC
BREAD
ROASTED CHICKEN
SWEET BUTTERED CORN
PITA BREAD (VEGETARIAN MEAL)
3-BEAN STEW (VEGETARIAN MEAL)
PASTA SALAD (MATINEE VEG)
KOSHER MEAL
CHOCOLATE ÉCLAIR
ITALIAN ICE (VEGETARIAN MEAL)
CHOC. CHIP COOKIE (MATINEE)
CELEBRATION CAKE
Lemon Poppy Pound Cake (Temp)

DAIRY

TOMATO BISQUE SOUP GARLIC
BREAD
PITA BREAD (VEGETARIAN MEAL)
PASTA SALAD (MATINEE)
CHOCOLATE ÉCLAIR
CHOC. CHIP COOKIE (MATINEE)
CELEBRATION CAKE
Lemon Poppy Pound Cake (Temp)

EGGS

PASTA SALAD (MATINEE)
CHOCOLATE ÉCLAIR
CHOC. CHIP COOKIE (MATINEE)
CELEBRATION CAKE
Lemon Poppy Pound Cake
(temp)

PEANUTS/TREE NUTS

GARLIC BREAD (May contain traces)
CHOCOLATE ÉCLAIR (May contain traces)
CHOC. CHIP COOKIE (May contain traces)
CELEBRATION CAKE (May contain traces)
LEMON LOAF (May Contain traces)
HUMMUS(May contain traces)
PITA BREAD (May contain traces)