

Medieval Times Matinee Ingredients - CANADA

Our menu items do not contain peanuts or tree nuts, but we cannot guarantee that they are prepared in a nut-free facility. All listed ingredients have been obtained from the product manufacturer.

Item	Ingredients
Garlic Bread	Bread: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Water, Yeast, Salt, Soybean Oil, Wheat Gluten, Dough Conditioners (Enzymes, Ascorbic Acid (Preservative)) Spread: Liquid Margarine (Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Mono and Diglycerides, Soybean Lecithin, Sodium Benzoate (Preservative), Artificial Butter Flavor, Beta Carotene Color), Vitamin A Palmitate (added), Dehydrated Garlic, Dehydrated Oregano, Dehydrated Parsley CONTAINS: SOY, GLUTEN (WHEAT / BARLEY), GARLIC, DAIRY (May contain traces of peanut and other tree nuts)
Roasted Chicken	Chicken, Chicken Seasoning: aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt, sugar. CONTAINS: SOY, GARLIC, ONION
Sweet Buttered Corn	Corn on the cob, Seasoning: (sugar, salt, paprika, cayenne pepper); Liquid Butter Alternative: Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene (color), TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. CONTAINS: SOY
Herb Roasted Potato	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt CONTAINS: GARLIC
3-Bean Vegetable Stew (vegan option)	fire roasted tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), vegetable stock (water, vegetable extract (onion, leek, celeriac, celery, carrot, tomato, potato, parsley, garlic, bay leaf, rosemary extract), carrots, onion, celery, tomato paste, crushed tomatoes (tomatoes and salt), sea salt, expeller pressed canola oil, chopped garlic (garlic, water), lemon juice, spices, parsley, red hot sauce (cayenne red peppers, vinegar, water, salt, garlic powder), white wine vinegar (contains sulfites), xanthan gum, kidney beans, black beans, great northern beans (water, salt, ferrous gluconate, calcium chloride), canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt, Corn: (see ingredients above); Potato: (See ingredients above); Rice: brown rice, canola oil, salt. CONTAINS: ONION, LEEK, GARLIC, SOY
Vegetable Pasta Salad with Vinaigrette (Matinee only)(vegetarian option)	Pasta Salad: <u>Pasta</u> (Please consult management as item varies) carrots, red bell pepper, broccoli, cauliflower, sugar, parmesan cheese, Vinaigrette (Please consult management as item varies between locations) CONTAINS: WHEAT, SOY, DAIRY, EGGS, ONION, GARLIC (May contain traces of peanut and other tree nuts)
Sliced Apples (only available as an alternative for matinee when some food items are not available)	Sliced apples, calcium ascorbate
Chocolate Chip Cookie	Enriched wheat flour, sugars (sugar, fancy molasses), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanilla extract, milk ingredients), palm and palm kernel and canola oil, margarine (milk), liquid whole eggs, baking soda, natural flavour, salt, sulphites CONTAINS: GLUTEN (WHEAT), DAIRY, EGG, SOY (May contain traces of peanut or tree nuts)