

## Medieval Times Dinner Ingredients- CANADA

Our menu items do not contain peanuts or tree nuts, but we cannot guarantee that they are prepared in a nut-free facility. All listed ingredients have been obtained from the product manufacturer.

Item	Ingredients
Tomato Bisque	<b>Vegetable Broth:</b> (water, vegetable broth concentrate:[onion, celery, carrot, maltodextrin, sugar, autolyzed yeast extract, onion powder, salt, corn oil, potassium chloride, carrot powder, modified tapioca starch, carrot juice concentrate, tomato paste, garlic powder, disodium guanylate, disodium inosinate, natural flavor, potassium sorbate (used to protect quality), citric acid, extracts of paprika for color]). <b>Tomato Paste:</b> (vine ripened tomatoes, citric acid). <b>Tomato Sauce:</b> (tomato puree, less than 2% of: salt, citric acid, onion powder, garlic powder, dehydrated bell pepper, natural flavors), sugar, salt, garlic powder, thyme, basil, marjoram, sage, oregano, rosemary, lemon pepper seasoning, parsley, cornstarch. <b>CONTAINS: SOY, GARLIC, ONION</b>
Garlic Bread	<b>Bread:</b> Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Water, Yeast, Salt, Soybean Oil, Wheat Gluten, Dough Conditioners (Enzymes, Ascorbic Acid (Preservative)) <b>Spread:</b> Liquid Margarine (Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Mono and Diglycerides, Soybean Lecithin, Sodium Benzoate (Preservative), Artificial Butter Flavor, Beta Carotene Color), Vitamin A Palmitate (added), Dehydrated Garlic, Dehydrated Oregano, Dehydrated Parsley <b>CONTAINS: SOY, GLUTEN (WHEAT / BARLEY), GARLIC, DAIRY (May contain traces of peanut and other tree nuts)</b>
Roasted Chicken	Chicken, Chicken Seasoning: aquaresin of carrot and soybean oil, black pepper, calcium silicate, citric acid, dehydrated garlic, dehydrated onion, lemon peel, natural flavor, paprika, salt, sugar. <b>CONTAINS: SOY, GARLIC, ONION</b>
Sweet Buttered Corn	Corn on the cob, Seasoning: (sugar, salt, paprika, cayenne pepper); Liquid Butter Alternative: Liquid and Hydrogenated Soybean Oil, salt, soy lecithin, natural and artificial flavours, beta carotene (color), TBHQ, and citric acid added to protect flavour, Dimethylpolysiloxane an anti foaming agent added. <b>CONTAINS: SOY</b>
Herb Roasted Potato	Russet potato, canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt <b>CONTAINS: GARLIC</b>
3-Bean Vegetable Stew	fire roasted tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), vegetable stock (water, vegetable extract (onion, leek, celeriac, celery, carrot, tomato, potato, parsley, garlic, bay leaf, rosemary extract), carrots, onion, celery, tomato paste, crushed tomatoes (tomatoes and salt), sea salt, expeller pressed canola oil, chopped garlic (garlic, water), lemon juice, spices, parsley, red hot sauce (cayenne red peppers, vinegar, water, salt, garlic powder), white wine vinegar (contains sulfites), xanthan gum, kidney beans, black beans, great northern beans (water, salt, ferrous gluconate, calcium chloride), canola oil, olive oil, garlic powder, Italian seasoning (thyme, basil, marjoram, rubbed sage, oregano and rosemary), lemon pepper seasoning, paprika, salt, <b>Corn:</b> (see ingredients above); <b>Potato:</b> (See ingredients above); <b>Rice:</b> brown rice, canola oil, salt. <b>CONTAINS: ONION, LEEK, GARLIC, SOY</b>
Hummus	Garbanzo beans, sesame tahini, lemon juice, water, soybean oil, contains 2% or less of garlic puree (garlic may also contain high fructose corn syrup), salt, sugar, lecithin natural flavor (olive oil, natural flavor), cellulose, modified food starch, spices, citric acid, Parsley. <b>CONTAINS: SOY, CHICKPEAS, SESAME, GARLIC (May contain traces of peanut and other tree nuts)</b>
Pita Bread	Wheat Flour Enriched ([niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malted Barley Flour), Water, Soybean Oil, Yeast, Salt, Vital Wheat Gluten, Dough Conditioner (mono-diglycerides, Calcium Sulfate, Guar Gum, Wheat Starch, Sodium Metabisulfite And Ascorbic Acid), Oat Fiber, Sugar, Preservatives (calcium Propionate, Fumaric Acid). <b>CONTAINS: GLUTEN (WHEAT / BARLEY), SOY (May contain traces of peanut and other tree nuts)</b>
Éclair w/ Chocolate Icing (Sara Lee)	Water, sugar, egg, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic (acid), soybean oil, modified food starch, polydextrose, contains 2% or less: palm oil, corn syrup solids, cocoa processed with alkali, cornstarch, calcium carbonate, sodium acid pyrophosphate, sodium bicarbonate, calcium sulfate, monocalcium phosphate, soy lecithin potassium sorbate (preservative), sodium benzoate (preservative), dextrose, salt, titanium dioxide (color), yellow 5, yellow 6, xanthan gum, natural and artificial flavor, citric acid, glucono delta-lactone, sodium alginate, agar agar, sodium stearoyl lactylate, wheat starch, sodium phosphate, carob bean gum <b>CONTAINS: EGGS, SOY, GLUTEN(WHEAT/BARLEY) MADE IN A PEANUT AND TREE NUT FREE FACILITY</b>

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Vanilla Caramel Swirl Cake	Sugars (sugar, icing sugar, glucose solids), Enriched wheat flour, Water, Liquid whole egg, Canola oil, Cream cheese spread (milk ingredients, salt, guar gum, carob bean gum, bacterial culture), Margarine (modified palm, modified palm kernel and canola oils [milk, soy]), Toffee sauce (glucose, cream, sugar, butter, water, skim milk powder, caramel colour, soy lecithin, sodium citrate, carrageenan), Skim milk powder, Baking powder, Modified corn starch, Salt, Glycerin, Natural flavour, Citric acid. <b>Contains: Egg, Milk, Soy, Wheat. May Contain: Peanuts, Tree nuts, Sulphites.</b>
Orange Sorbet	Water, glucose, orange puree, (sugar, water, orange peel, locust bean gum, guar gum, colour, natural flavour, sodium benzonzite), methyl cellulose gum, citric acid, natural flavour